



# HOURS OF OPERATION

## Facilities (DuBois & TL Ext)



Monday-Thursday	5:30 AM - 9:00 PM
Friday	5:30 AM - 9:00 PM (DuBois) 5:30 AM - 7:00 PM (TL Ext)
Saturday	6:00 AM - 3:00 PM (DuBois) 9:00 AM - 1:00 PM (TL Ext) <small>Updated 11/6/24</small>
Sunday	10:00 AM - 2:00 PM

## Pool & Whirlpool



### **MORNING/AFTERNOON**

Mon - Fri	5:30 AM - 8:00 AM
Mon, Wed, Fri	12 Noon - 2:00 PM <small>(Noon-1 pm Adult only)</small>
Tue & Thu	12 Noon - 3:00 PM

### **EVENING**

Mon, Wed, Fri	5:30 PM - 8:30 PM
Tue & Thu	7:00 PM - 8:30 PM

### **WEEKEND**

Sat	6:00 AM - 8:00 AM; 12 Noon - 2:30 PM
Sun	10:00 AM - 1:30 PM

**Note:** Detailed Pool Schedule (on back) lists daily times for open swim, lap lane swim, adult only swim/lap and aquatic classes/programs

**POOL 2024**    Fall 1 (9/9-10/19)    Fall 2 (10/20-11/30)    Holiday (12/2-31)

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 AM 6:00 AM Sat	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
7:00 AM	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
8:00 AM	CLOSED	CLOSED <i>Aquacise</i>	CLOSED <i>Water Toning</i>	CLOSED <i>Aquacise</i>	CLOSED <i>Water Toning</i>	CLOSED <i>Aquacise</i>	CLOSED
9:00 AM	CLOSED	<i>Aquacise</i> CLOSED	<i>Water Toning</i> CLOSED	<i>Aquacise</i> CLOSED	<i>Water Toning</i> CLOSED	<i>Aquacise</i> CLOSED	CLOSED
10:00 AM	Open Swim/ Open Lap	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
11:00 AM	Open Swim/ Open Lap	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
NOON	Open Swim/ Open Lap	<b>ADULT SWIM/ ADULT LAP</b>	<b>ADULT SWIM/ ADULT LAP</b>	<b>ADULT SWIM/ ADULT LAP</b>	<b>ADULT SWIM/ ADULT LAP</b>	<b>ADULT SWIM/ ADULT LAP</b>	Open Swim/ Open Lap
1:00 PM	Open Swim/Lap CLOSED**	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
2:00 PM	CLOSED**	CLOSED	Open Swim/	CLOSED	Open Swim/	CLOSED	Open Swim/Lap CLOSED**
3:00 PM	CLOSED	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	CLOSED**
4:00 PM	CLOSED	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	CLOSED
5:00 PM	CLOSED	Swim Team Open Swim/ Open Lap	Private Swim Lessons	Swim Team Open Swim/ Open Lap	Swim Team CLOSED	Swim Team Open Swim/ Open Lap	CLOSED
6:00 PM	CLOSED	Open Swim/ Open Lap	<i>Aquacise</i>	Open Swim/ Open Lap	<i>Aquacise</i>	Open Swim/ Open Lap	CLOSED
7:00 PM	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	CLOSED
8:00 PM	CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	CLOSED

**AT A GLANCE**

**OPEN SWIM & OPEN LAP LANE**  
**(All ages unless noted otherwise)**

NOTE: Open Lap Swimming is for those who are proficient and consistent in lap swimming.

Monday - Saturday  
Monday - Friday **ADULTS ONLY**  
Monday, Wednesday & Friday  
Tuesday & Thursday  
Saturday  
Sunday

**(Sat open 6 AM)** 5:30-8:00 AM  
Noon-1:00 PM  
1:00-2:00 PM; 5:30-8:30 PM  
1:00-3:00 PM; 7:00-8:30 PM  
Noon - 2:30 PM  
10:00 AM-1:30 PM

Swim Lessons

Saturday

9:30 AM-Noon

Pool Parties\*\*

Saturday  
Sunday

2:30-3:30 PM  
1:30-2:30 PM

Swim Meets

Saturdays      Dec 14, 2024; Jan 4 & 18, Feb 1, 2025

11 AM-3 PM

**\*10/23 NOTE:** We currently have 8 lifeguards and a majority of them are High School students in school activities. We are offering EVENING AND WEEKEND OPEN SWIM as many days as their schedules permit. Please check the front desk or [www.duboismca.org/news](http://www.duboismca.org/news) for a monthly listing of CLOSED open swim times.